

TRIATHLON GETAWAY

Swim, bike, run all week long. Thanyapura Health and Sports Resort is the perfect place for triathletes to train in tropical weather and get competition ready. We have everything you need - 50m and 25m pools, 500m cushioned athletic track, running and cycling routes in rolling green nature away from the traffic, noise and pollution of the city. Plus we optimise your stay with great food, comfortable rooms, 900sqm fitness centre, personal training and unlimited access to all groups classes. Challenge yourself at Thanyapura.

Price:

Option 1: THB 6,800 for 1 week

Option 2: THB 9,500 for 2 weeks

What's includes?

- 60 Minutes triathlon personal training x3 per week
- 60 Minutes massage x1
- Unlimited access to all Thanyapura facilities and 100+ group classes per week (subject to availability)
- Sports lifestyle locker room, plus hot and cold baths, sauna and steam room
- 20% discount on Physiotherapy treatment

Optional:

- Airport transfer service to Thanyapura (THB 600 / way)
- Bike rental service
- Nutrition consultation (THB 2,500 / hour)
- Vegan lunch buffet at DiLite restaurant (THB 390 / person)
- Variety of massage services at Thanyapura Health & Wellness Centre

Need accommodation?

Visit our website at www.thanyapura.com/booking

FOR BOOKING AND INQUIRIES

Telephone: +66 (0)7633 6000

Email: info@thanyapura.com

Website: www.thanyapura.com